



Embassy of India

PRESS RELEASE

The 7th International Day of Yoga, IDY-21, was celebrated at the Embassy of India premises in Bishkek, today.

2. Reaffirming Yoga's universal appeal, the United Nations proclaimed 21st June each year as the International Day of Yoga by a UNGA Resolution adopted on 11 December, 2014, under India's auspices.

3. Yoga's message of holistic & complete health has been relevant all the more in today's Covid times and quarantine regimes.

4. Kyrgyz youth & Yoga exponents participated in the event that was graced by practitioners of Bishkek Yoga Network as well. Commencement of Yoga-lessons at Embassy precincts was also announced on the occasion. 70 Yoga enthusiasts took part in the event adhering to prescribed social distancing and Covid protocol.

Bishkek
Kyrgyz Republic

21st June 2021